

Christine Pilkinton Fine Art

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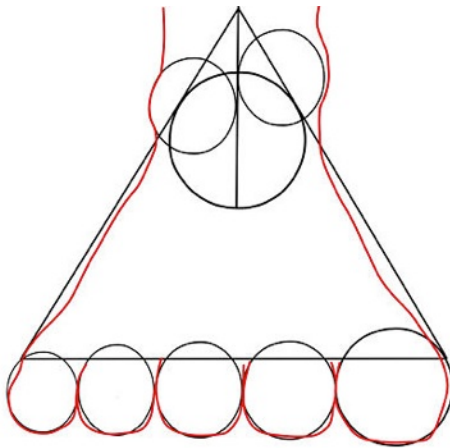
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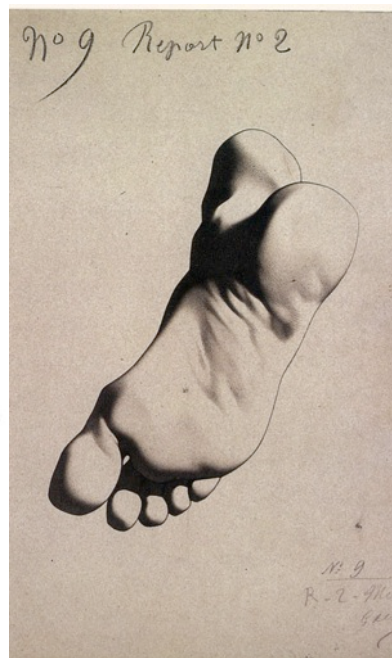
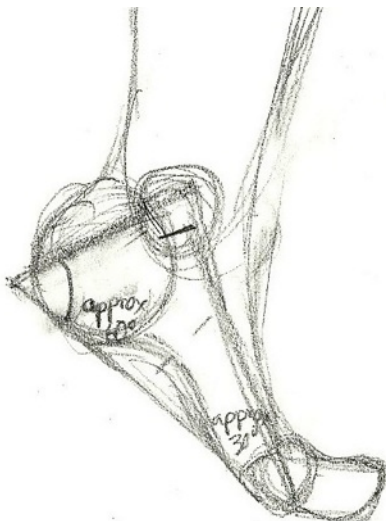
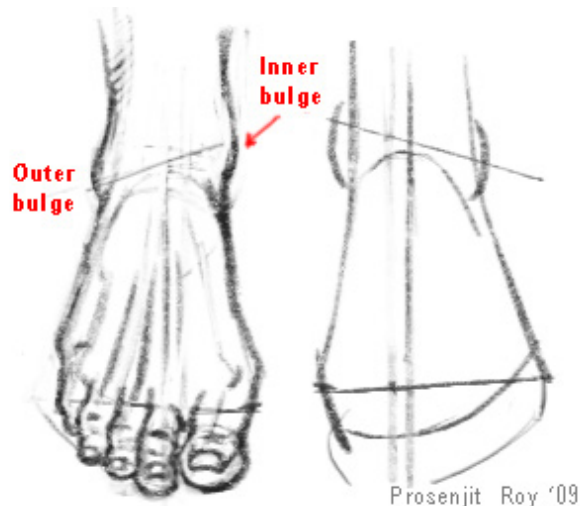
*To send light into the darkness of men's hearts
- such is the duty of the artist. Schumann*

Drawing & Painting FEET

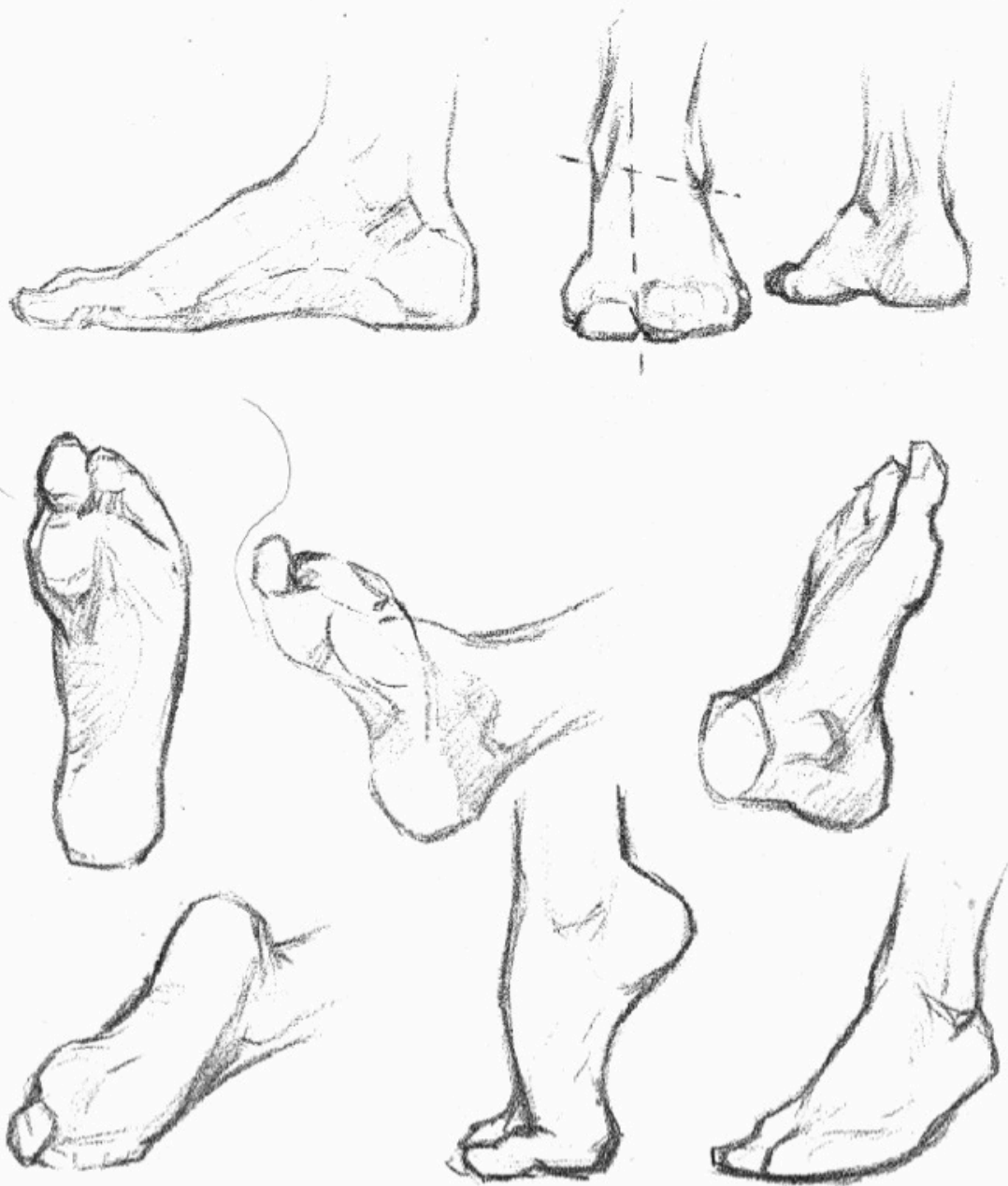
It is a good idea to look for simple shapes when laying in the first gesture drawing of feet, especially when there is foreshortening involved. Be mindful of your tendency to draw what you think a foot looks like rather than the abstract shapes that you see.



wikiHow



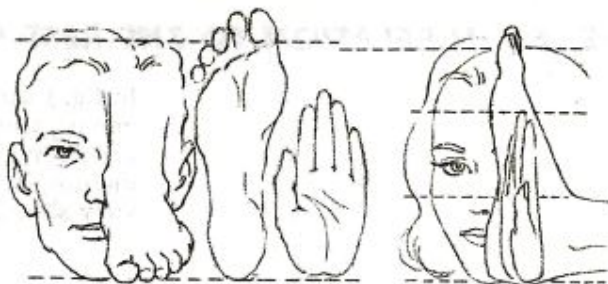
THE FOOT



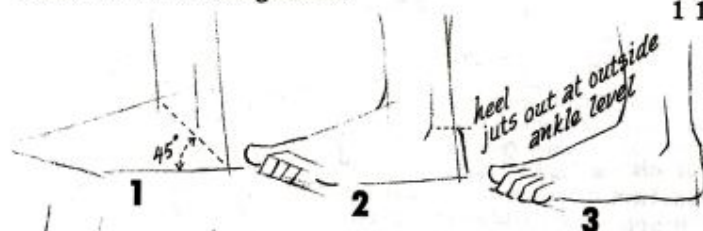
IT IS SUGGESTED THAT YOU DRAW YOUR OWN FEET
IN MANY POSES, SETTING A MIRROR ON THE FLOOR.
ALSO, THAT YOU SET UP SHOES AND DRAW THEM FROM
MANY ANGLES AND VIEWPOINTS.

FUNDAMENTALS OF FEET

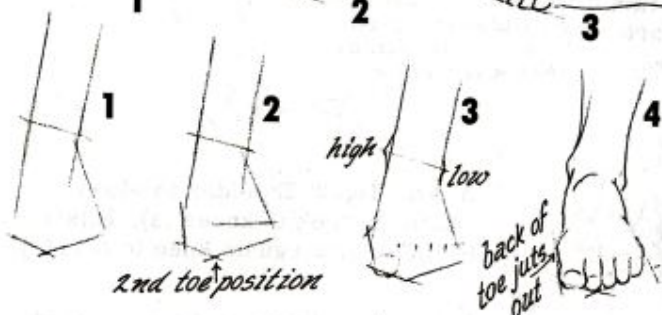
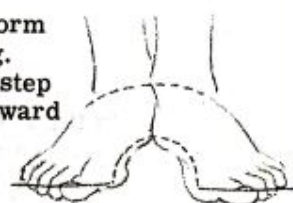
Some part of the foot always angles off from the leg line, whether it is supporting the body weight or not. Learn of the ankle position early, remembering the inside ankle is higher and farther toward the front than the outside ankle. The big toe tends to keep flat with the ground; the other toes bend over and reach down to the ground.



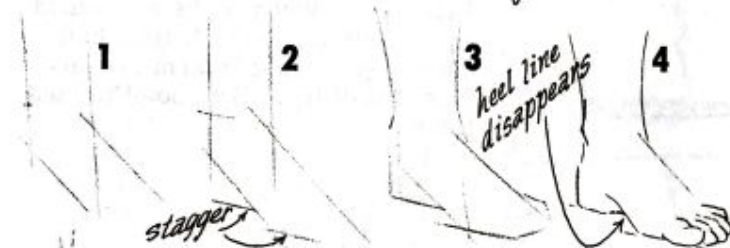
The foot is slightly longer than the height of the head. The hand is about $\frac{2}{3}$ the length of the foot. When it is pressed to the floor, the overall width of the foot is as wide as the hand. The female proportions are somewhat less. (The figure that is 8-plus heads high may have feet $1\frac{1}{3}$ heads in length and $\frac{1}{2}$ head in width.)



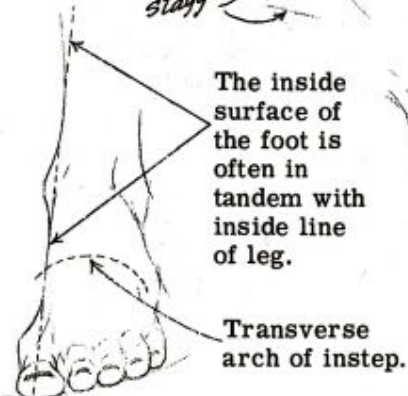
Together the feet form a crossways spring. The tops of each instep and insole curve toward each other.



From the inside the foot is built into a modified spring. The heel acts as a foundation for bearing bulk of weight. Fore part of foot acts as spring to absorb shock.



THE ARCHES IN ACTION



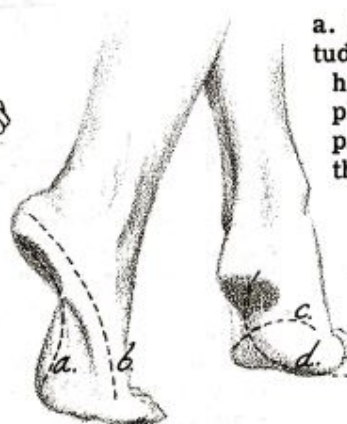
The inside surface of the foot is often in tandem with inside line of leg.

Transverse arch of instep.

The big toe and ball pad behind it jut out like the thumb of the hand — especially under pressure.



Toes relaxed become a part of the transverse arch.

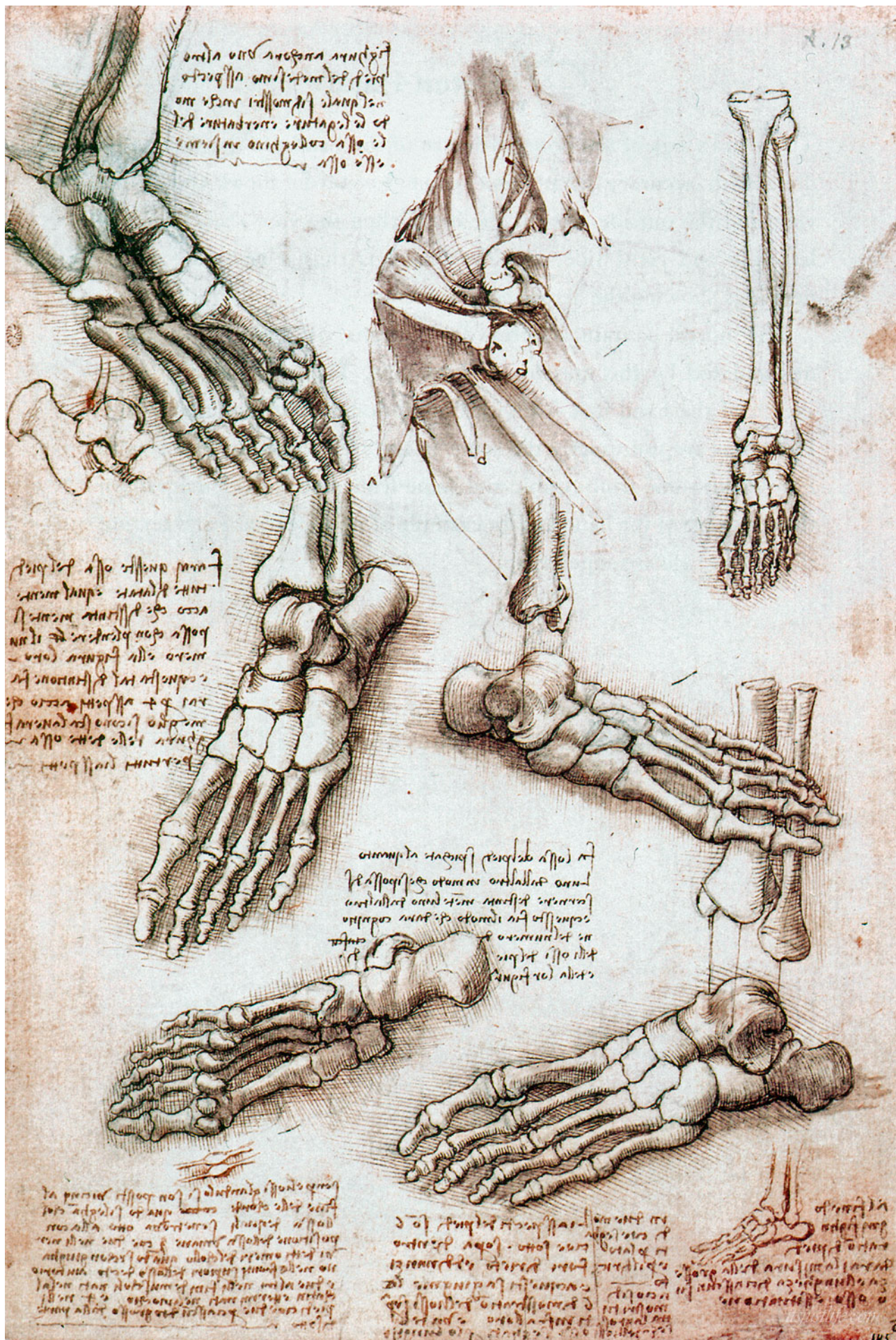


a. The inside longitudinal arch just behind the big toe plays the major part in cushioning the step.

b. The outside longitudinal arch flattens to the ground and gives the body sideways stability.

c. The transverse arches along the cross sections of the middle and front of foot give added shock absorption.

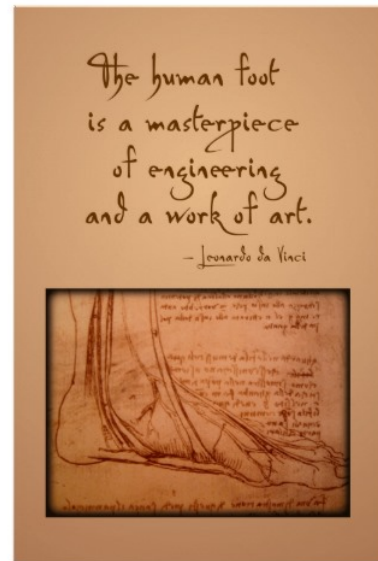
d. The half-moon shaped curve running around bottom of foot aids in overall equipoise. (Foot lifted to illustrate; actually heel hits floor first)







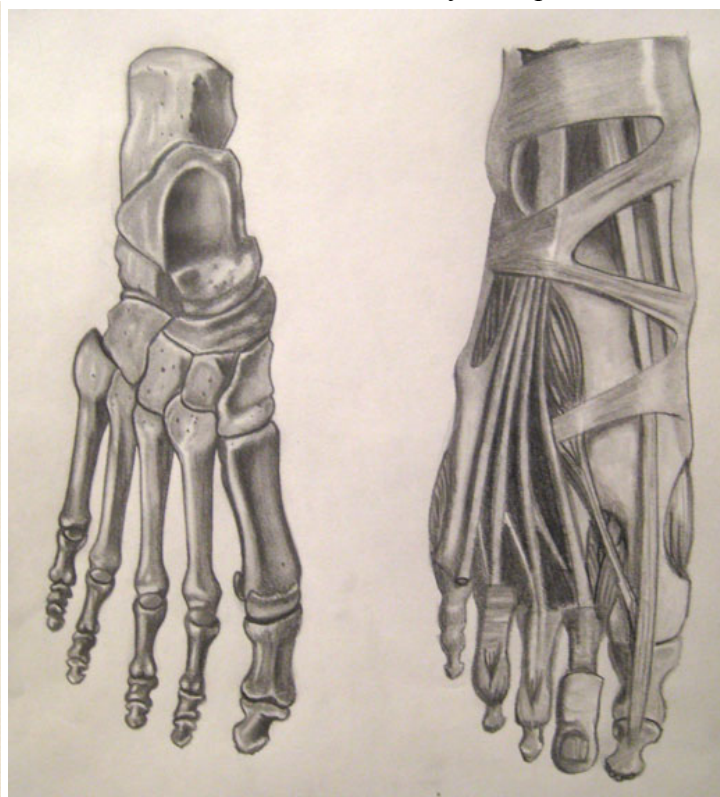
Albrecht Durer "the Feet of an Apostle"



Davinci Study and quote



Michelangelo feet & torso studies



Life Drawing Foot by K. Tessi

References:

Page 1 image #1 drawing human feet on pinterest, image 2 about.com, image 3

how_to_draw_a_foot__2__by_theclockworkkid.com

Page 2 *Figure Drawing* by Andrew Loomis page 186

Page 3 jack_hamm_feet_www.kirileonard.com

Pages 4 Discovering Da Vinci — "The human foot is a masterpiece" online images

Page 5 Russian Academic Studies, online images and Leonardo-da-Vinci-Measured-Study-of-Foot-ca-1490